



# TURN *the* PAGE

## SESSION 4 – FROM FEAR TO FAITH

### MESSAGE BIG IDEA

“Turn the Page” by letting go of fear and stepping out to do what God wants to do through you.

### SCRIPTURE

Exodus 3:1-14 & 4:1-17

### ICE BREAKER

What are you most afraid of? Snakes? Spiders? Speaking in public? Share a time you’ve confronted that fear.

### OPENING THOUGHT

Some of us may have grown up hearing the story of Moses or watching some of the movie adaptations of his life. What has been your experience with the story? What was your first introduction?

### BIBLE DISCUSSION

1. Read Exodus 3:1-14, what stood out to you?
2. Where in the story is Moses brave and where does his bravery desert him?
3. Read Exodus 4:1-17, what struck you here?
4. Why do you think God gave Moses signs like the staff turning into the snake? What was the point?

### LIFE APPLICATION

5. Moses’ response to God was to ask for proof, a sign and miracle in addition to the burning bush he’d already witnessed (in Exodus 4). As readers of the story, how did that request strike you?
6. When faced with challenges, which statement do you typically struggle with the most? Why that one?
  - I am not good enough.
  - I am not strong enough.
  - I am not gifted enough.
7. How can we begin to answer our negative identity statements with God’s positive, “I am” declaration? What steps could you take to address it?
8. Living a life of courage requires stepping out where we can’t always see clear next steps. Sometimes it means taking a leap even if we can’t see where our feet will land. What is God calling you into? What have you been resistant to?

### CHALLENGE

Take some time this week to pray for the next steps on your journey. Be honest with yourself on where you have been holding back out of fear and plan out a way to take that next step. Share your plan with someone in your group and pray for each other.



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### ICE BREAKER & OPENING THOUGHT

These are designed to be open ended enough to give people a chance to talk and set the mood in the room. Feel free to substitute the icebreaker for something else. The Opening Thought is designed to lead into today's topic.

### BIBLE DISCUSSION

This is a longer piece of scripture, so we've broken it into two sections of reading, each with a set of questions that are open-ended followed by a more specific question on that reading. Moses is a well-known Biblical figure, but parts of his story might be surprising. Take time to make sure everyone gets to ask their questions and that they know there are no right or wrong answers.

### LIFE APPLICATION

This is designed to dig deeper into the story by thinking on how it impacts us. Moses definitely struggled with his identity, even after God had singled him out for this role, Moses continues to doubt God's call. That's not so different from all of us, though we're still in the middle of our own journeys and don't know the endings to our stories yet.

Encourage people to consider their next steps, where they need to heed God's call in their lives to dig deeper or step out in faith or reach out to someone in their lives. Whatever it might be, encourage them to think about it in light of how God is enough, even for our insecurities.

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